Cover crops-Benefits, purposes, and soil health

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Cover crop movement sweeping across the Midwest and Ontario too!

- Lots of interest the past few years, esp. in eastern Cornbelt and Great Lakes
- Interest sparked by many things, including:
 - Higher fertilizer and energy prices
 - Concerns about water quality
 - Desire to improve soil quality and biology
 - Increase resilience to climate variations



Rationale for cover crops

- A living, growing plant at times of year when we normally have nothing growing.
- Capture sunlight, feed soil organisms, sequester carbon, trap and recycle nutrients
- Make better use of the resources and time available!



7 Month "Brown Gap" for soybean and corn, fallow period

Cover crop grows and takes up N during some of that normally fallow season. This would shrink the "brown gap" and keep the land green for longer time.

Cover crops are part of a system!

- Different potential benefits and challenges for each type of cover crop
- Must adapt cropping <u>system</u>, including nutrient mgmt, NT (tillage) system, manure, pest mgmt, crop rotation
 - Not just an "add-on"!





How select cover crops?

- What is your main purpose?
- What is your cropping/NT system?
- What time windows are available?
- Soil types, climate, other local considerations?



What are potential benefits? What is your main purpose?

- Nitrogen scavenger (trap N that would otherwise leach away)
 - Save N for later use by cash crop
 - Decrease N loss to drainage water
- Nitrogen producer (legume)
 - Fix atmospheric N₂ for use by plants



Benefits and Purpose (2)

- Reduce erosion
- Improve soil quality
 - Build soil organic matter
 - Increase biological activity and diversity
 - Improve aggregation
 - Build macropores, permeability, deeper rooting, reduce compaction
 - Buffer soil from variable weather



Benefits and Purpose (3)

- Conserve soil moisture
 Recycle nutrients
- Weed control, pest suppression
- Extra forage
- Increase crop yields over long term, and decrease year-to-year variability



Soil physical properties improved

- Aggregation (esp. fibrous-rooted)
 - cover crop roots enmesh particles;
 - exudates feed microbes which then produce polysaccharides that "glue" particles together
- Porosity, permeability (esp. tap-rooted)
 - Deep roots, macropores, can aid water infiltration, aeration, rooting
 - Soil surface protected, plus better aggregation, can mean less crusting or erosion
- Roots give strength to soil for trafficability



After Simulated Rainfall



NO COVER CROP

OAT COVER

RYE COVER

T. Kaspar, Iowa

Corn silage land with and without a cereal rye cover crop



(T. Kaspar)



Good stand of both oats and radish in narrow drain spacing plot (11/24/09). Radish tops ~5-8 inches tall; oat tops ~11-16 inches tall; radishes $\frac{1}{2}$ - 1" diam.





Radish + annual ryegrass as of Nov. 27, 2009, Fountain Co., IN. Seeded after wheat harvest and manure application. Radishes 8-12+ inches long, with about half above ground—hard to walk without tripping!



Tap root extended another 18+ inches beyond the end of tuber. These roots are probably of more benefit for soil structure and permeability than the tuber itself.

- When building soil quality, esp. with NT, the cover crop ROOTS are probably more significant than the shoot growth
- Still need good shoot growth for erosion control, mulch effects for moisture conservation, weed suppression, etc.



Soil biology

- Plant growth during normally "fallow" period (Sept-Nov, March-April) provides more food for soil organisms
- Diversity of plant materials may also increase diversity of soil biological community
- Soil organic matter maintained or increased





Some common cover crops

Grasses (N scavengers)

- Cereal rye
- Annual ryegrass
- Oats
- Wheat
- Brassicas (N scavengers)
- Daikon radish

Turnips



- Crimson clover
- Austrian winter pea
- Hairy vetch
- Red clover



Rationale of cover crops for water quality: Corn-soybean system normally fallow from Oct – April.



A winter cover crop "traps" some of the nitrate that otherwise leaches out during fallow season

Majority of drainflow and N-loads occur in fallow season (at SEPAC) (64% Nov. – March; 80% Nov. – April)





Annual nitrate-N load in drainflow, Ames, Iowa (Tom Kaspar)

So why so important to seed cover crop after drought year?

- Large amount of residual N remaining in soil (poor corn crop didn't use it all)
- That nitrate will likely be leached out of rootzone as rains rewet soil, in fall, winter, and early spring
 - Loss of N you paid for
 - > Water quality problems
 - Lost opportunity to build soil organic matter, biological activity, after dry year



How do these tools (cover crops) fit into the system?



How select cover crops?

- What is your main purpose?
- What is your cropping/NT system?
- What time windows are available?
- Soil types, climate, other local considerations?
- (MCCC Selector Tool can help!)





Potential impacts for Great Lakes region

- Soil health and crop productivity
- Conservation of soils resource base
- Water quality
- Resilience to stresses from climate variations
- Long-term sustainability





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- Michigan State University
- USDA-Agricultural Research Service
- lowa State University
- Ohio State University
- Ontario Ministry of Agriculture, Food and Rural Affairs (OMAFRA)
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